



CERTIFIED COACHES



Coaching since:

2017, certified by the International Coach Federation since 2017

Her clients include:

Mid-level and emerging leaders, hi-potentials, entrepreneurs, mothers, side hustlers, people looking for career change, underprivileged students

From the following industries:

FMCG, Food & Beverage, Marketing, Banking, Lifestyle, Industrial manufacturing, Youth institution

Background:

Elle is an authentic marketing coach. She combines over 200 hours of coaching experience and more than 10 years of marketing experience into her work with organizations and individuals. She focuses on helping individuals or brands find their own, authentic voice. Her approach in coaching clients to mind-heart-body alignment, overcoming fear and judgement, discovering courage and purpose; supports them to be their ideal self.

She values her family, friends and community service. She is committed to the connection movement as an antidote to loneliness and a champion of mental wellbeing. She hosts a weekly social listening project SideWalk Talk, and monthly authentic relating meetings, alongside many other volunteer projects focusing on women empowerment. She has been invited to speak in podcast and female leadership platforms on the topics of resilience, vulnerability, courage and authenticity.

Clients know her to be:

Big picture, empathetic, non-judgmental, creative, offering different perspective, courageous, vulnerable, not afraid to challenge

Coaching language proficiency:

English Mandarin

Coaching philosophy:

Elle believes that real change requires rewiring the sub-conscious. She balances talking therapy with mindfulness practices. "If it is to be, it is up to me". Elle helps her clients to uncover their self limiting beliefs. She is passionate about empowering her clients to take clear, decisive steps to get their desired results that's authentic to their core purpose.

Approved Coach Specific
Training Hours (ACSTH),
International Coach Federation

NLP Practitioner in training,
Minds Transformation

Leadership Program Graduate,
Flag bearer LP157 Asiaworks

Singapore Chapter Leader,
Sidewalk Talk

Founder, Relating Authentic
World (RAW) Community

Certified Youth Mentor,
Architects of Life